



# Crock Pot RECIPES

## CLASSIC ROAST

### Ingredients

- THAWED roast of your choice
- 4-5 potatoes
- 4 carrots
- 1 onion
- 2 garlic cloves
- 1 pack gravy mix powder
- 1 pack onion soup mix
- ½ cup water.

### Instructions

1. Brown your roast in a skillet and place in greased cooker.
2. Peel and chop potatoes and carrots and add around roast.
3. Add onions and garlic.
4. Mix in bowl gravy mix, soup mix and water.
5. Add to cooker.
6. Cook LOW 6 hours or HIGH 4-5.





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## CHICKEN ALFREDO

*Add on top of pasta at home.*

### Ingredients

- 3-4 THAWED boneless chicken breasts
- 1 onion
- 4 cloves garlic
- 1 pack WHOLE mushrooms
- 1 red belle pepper
- 2 cups fresh raw spinach
- 2 jars fav alfredo sauce.

### Instructions

1. Cut chicken into bite sized pieces and place in cooker.
2. Chop all veggies the same and add.
3. Add garlic and spinach.
4. Add both sauces and cook on LOW 5 hours or HIGH 3-4 hours.



# Crock Pot RECIPES

## HAMBURGER VEGGIE SOUP

### Ingredients

- 1 lb ground lean beef
- 2-3 large white potatoes
- 1 small onion
- 2 carrots
- 2 celery stalks
- 2 garlic cloves
- 1 bay leaf
- 4 cups beef broth
- 1 can diced tomatoes

### Instructions

1. Brown ground beef, chopped onions and garlic in skillet.
2. Add to cooker.
3. Add chopped veggies and can of tomatoes.
4. Add broth and bay leaf.
5. Cook LOW 6 hours or till potatoes are done.



# Crock Pot RECIPES

## APPLE BLUEBERRY CRISP

### Ingredients

- 6 apples
- 1 pint of fresh blueberries
- ½ cup white granulated sugar
- ½ cup flour – we have here (2 tbsp for filling and rest for topping)
- 2 tsp cinnamon – we have here
- 1 cup old fashion oats
- ¾ cup brown sugar
- ¾ cup cold butter.

### Instructions

1. Grease cooker.
2. Peel and slice apples thinly.
3. Toss and coat apples and berries in 2 tbsp flour, cinnamon and granulated sugar. Add to greased cooker.
4. In a bowl add oats, remaining flour and brown sugar. Mix well.
5. Now take your cold butter and slice it up.
6. Add to topping mixture and use a fork to mix up.
7. Butter should crumble in with topping mixture. Add on top of fruit.
8. Cook HIGH for 2 hours or till apples are tender.





# Crock Pot RECIPES

## TACO POTATO CASSEROLE

### Ingredients

- 1 lb lean ground beef ( or ground meat of choice)
- 4-5 potatoes
- 1 onion
- 3 garlic cloves
- 1 can diced tomatoes
- 1 pack of taco seasoning
- 1 can cheese soup (or 1 cup cheese whiz if you don't have soup)
- 1 small brick of cheddar cheese.

### Instructions

1. Brown ground beef with onions and garlic in skillet.
2. Add to cooker.
3. Peel and chop potatoes into very small pieces and add to cooker.
4. Add remaining ingredients and stir.
5. Shred cheese and add to top of cooker.
6. Cook LOW 5 hours.