

Crock Pot Recipes



SUMMER MEATBALLS

(Serve over rice)

Ingredients

- Package frozen meatballs
- Yellow bell pepper
- Red bell pepper
- Red onion
- Can chopped pineapple
- 1 cup ketchup
- ½ cup brown sugar
- 1 tbsp of soya sauce - **we have.**

Instructions

1. Add your meatballs to cooker.
2. Chop all ingredients into bite size pieces and place in the cooker.
3. Add pineapple and half the juice from can.
4. In a bowl combine brown sugar, ketchup and soya sauce and add over everything.
5. Cook LOW 5-6 hours or HIGH for 4.
6. Serve over rice.

MUSHROOM PORK CHOPS

Ingredients

- 4-5 pork chops (bone in or boneless)
- 1 onion
- 1 package whole mushrooms
- 2-3 potatoes
- 1 can cream mushroom soup
- 1 pack of onion soup mix powder
- $\frac{3}{4}$ cup water.

Instructions

1. Brown chops if desired, place in bottom of crockpot
2. Chop potatoes and place around chops
3. Slice onions and mushrooms and place on top
4. Add onion soup mix and water to cream of soup and mix. Pour on top
5. Cook HIGH 4 hours or LOW for 6.



HAMBURGER STEW

Ingredients

- 1 lb lean ground beef or turkey
- 3-4 large potatoes
- 2-3 celery stalks or handful of fresh green beans
- 2-3 carrots
- 1 onion
- 2 cloves garlic - **we supply**
- 1 can condensed tomato soup
- 2 cups beef stalk
- 1 tsp thyme - **we supply**
- Salt and pepper to taste.

Instructions

1. Brown ground beef in skillet and add chopped onions and garlic half way through.
2. Drain and add to cooker.
3. Chop veggies and add all ingredients to cooker.
4. Stir well and cook HIGH for 4 hrs.



CHICKEN AND ITALIAN VEGGIES

Ingredients

- 3-4 thawed boneless chicken breasts
- 5-6 potatoes
- 1 onion
- 3 celery stalks
- 3 large carrots
- 1 zucchini
- 1 tsp garlic powder
- 1 cup Italian salad dressing
- 1 tbsp. dried parsley.

Instructions

1. Spray cooker.
2. Place chicken in bottom and sprinkle with garlic seasoning.
3. Chop veggies and potatoes and add to cooker.
4. Pour Italian dressing over everything and sprinkle parsley.
5. Cook HIGH for 5 hours.

