

# Crock Pot Recipes

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## MEATBALL STEW

### Ingredients

- Box of frozen meatballs
- 4-5 large potatoes
- 3 large carrots
- 1 onion
- Cup of fresh green beans
- 2 garlic cloves
- Small can tomato paste
- Bay leaf
- Package of beef gravy
- 1 cup water.

### Instructions

1. Add meatballs to cooker.
2. Peel and chop veggies and garlic and add to cooker.
3. In a bowl mix tomato paste, water and gravy mix together.
4. Add mix and bay leaf to cooker and stir.
5. Cook low 6 hours or high 4-5 until potatoes are soft.

# CHICKEN ALFREDO

*Serve over Noodles*

## Ingredients

- 3-4 THAWED boneless chicken breasts
- 1 onion
- 1 yellow bell pepper
- 2 cups fresh spinach
- 3 garlic cloves
- 1 package whole white mushrooms
- 2 jars of Alfredo sauce
- 1 tsp salt and pepper
- 1 tsp Italian seasoning.

## Instructions

1. Cube chicken and place in bottom of cooker.
2. Chop veggies and add spinach, spices and garlic to cooker.
3. Pour Alfredo sauce over everything and cook high 4 hours.
4. Serve over noodles.



# MEXICAN CHILI

## Ingredients

- 1 lb ground beef
- 1 can black beans
- 1 can diced tomatoes
- 1 onion
- 1 green bell pepper
- 1 red bell pepper
- 1 package of taco seasoning
- 1 can tomato paste
- Salt and pepper to taste.

## Instructions

1. Brown ground beef and add to cooker.
2. Strain black beans and chop veggies.
3. Add all remaining ingredients to cooker.
4. Stir and cook low for 6 hours.



# CREAMY HAM AND POTATOES

## Ingredients

- Either a cooked ham steak or cooked half ham
- 4-6 potatoes
- 1 onion
- Head of broccoli
- Package of white whole mushrooms
- 1 can cream of broccoli soup
- 1 can cream of celery soup
- 1 cup water.

## Instructions

1. Peel and chop potatoes and add to bottom of cooker.
2. Add broccoli and onions on top of potatoes.
3. Cube ham and add to cooker and then chopped mushrooms.
4. In a bowl mix soups and water. Pour over everything.
5. Cook low 6 hours or high 4 or until potatoes are tender.

